Martha E. Farrar Highfield, PhD, RN

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CURRENT POSITIONS

- Professor Emerita of Nursing, California State University, Northridge, CA
- Advisor, Research Fellowship, Magnet Program, Providence Holy Cross, Mission Hills, CA
- Independent educator, researcher, author, consultant

SKILLS SUMMARY

- Research & evidence based practice (EBP) project design from concept to dissemination
- Teaching and mentoring, live and online in professional & academic settings
- Curriculum, program, & course development

SPECIAL RECOGNITION

2012 *Extraordinary Faculty Service Award,* CSU/Northridge.
2003 *Outstanding Alumnus Award*, College of Nursing, Harding University, Searcy, AR.
2002 *Article of the Year for Special Interest Group Newsletters*, national Oncology Nursing Society Award: *Highfield, M. (2001). Gratitude: An expression of the spirit.*

EDUCATION

1989	Texas Woman's University, Houston, TX	PhD	Nursing
1981	University of Arkansas for Medical Sciences, Little Rock, AR	MNSc	Nursing
1976	University of Tennessee Center for Health Sciences, Memphis, TN	BSN	Nursing

LICENSE & CERTIFICATION

- U.S. Registered Nurse CA license # RN 442489
- California Public Health Nursing Certificate # 68109

ONLINE PROFILE

- LinkedIn: https://www.linkedin.com/in/martha-marty-highfield-phd-rn-b5677812/
- ResearchGate**:** https://www.researchgate.net/profile/Martha_Highfield
- Blog: Discovering Your Inner Scientist https://discoveringyourinnerscientist.com/

WORK EXPERIENCE (prior per request)

2015 - present	Advisor, Nursing Research Fellowship, Providence Holy Cross Med Center, CA
2009 - 2018	Nursing Research Facilitator, Dignity Health Northridge Hospital Med Center, CA
2002 - 2016	Professor of Nursing, California State University/Northridge, CA
1996 - 2002	Associate Professor of Nursing, California State University/Northridge, CA
1990 – 1995	Associate Chief of Nursing Service for Education, VA Med Center-West LA, CA
1989 – 1990	Nursing Instructor, VA Medical Center Wadsworth – West LA, CA

PUBLICATIONS *(23 Peer-reviewed)*

Highfield, M.E.F. (in press). *"*Remember our sons and daughters": An analysis of Igbo women's petitionary letters (1965)," *Nursing History Review.* [research]

Lawrie, C., **Highfield, M.E.F**., & Mendelson, S. (in press). Effect of postpartum quiet time on breastfeeding, satisfaction, & interruptions, *Nursing for Women's Health*. [research]

Mayfield, E., **Highfield, M.E.F.**, & Mendelson, S. (2020). What are Courtesy & Respect? Medical-Surgical Nurse and Patient Experiences. *Journal of Nursing Care Quality*. doi: 10.1097/NCQ.0000000000000424. [research]

Patiag, M.C., Deveux, S., & **Highfield, M.E.F**. (2019). Do Errorless Methods Improve Discharge Medication Instruction and Adherence? *Rehabilitation Nursing Journal.* doi: 10.1097/rnj.0000000000000237 [research]

Carpio, R.C., Castro, L.P., Huerto, H.M., **Highfield, M.E.F**., & Mendelsohn, S. (2018). Exploring resilience at work among first-Line nurse managers, *Journal of Nursing Administration, 48*(10), 481-486. doi: 10.1097/NNA.0000000000000655 [research]

DeChairo-Marino, A.E., Collins, M.E., Mendelson. S.G., **Highfield, M.E.** & Hess, R.G. (2018). Enhancing and advancing shared governance through a targeted decision-making redesign, *Journal of Nursing Administration, 48*(9), 445-451. [research]

Kim, G., McIlheney, S., **Highfield, M.E.F.,** & Moughrabi, S. (2017). RN pain communications before and after intensive, peer-delivered education, *MEDSURG Nursing, 26(3),* 163-169. [educational project]

Patiag, M.C., & **Highfield, M.E.F.** (2017). RN evaluation of using errorless methods in teaching discharge medications to cognitively challenged patients. *Rehabilitation Nursing, 42*(6), 312-318. doi: 10.1002/rnj.294. [research]

Highfield, M.E.F., Scharf-Swaller, C., & Chu, L. (2016). Effect of nurse-led review plus simulation on OB/perinatal nurses self-assessed knowledge and confidence. *Nursing for Women's Health,* 20(6), 568-581. doi: 10.1016/j.nwh.2016.10.007 [research]

Highfield, M.E.F., Collier, A., Collins, M., & Crowley, M. (2016). Partnering to promote evidence-based practice in a community hospital: Implications for nursing professional development specialists, *Journal of Nursing Staff Development, 32*(3):130-6. doi: 10.1097/NND.0000000000000227. [7 year case study]

Esparza, S., Zoller, J., White, A.W., & **Highfield, M.E.F.** (2012). Nurse staffing and skill mix patterns: Are there differences in outcomes? *Journal of Healthcare Risk Management, 31* (3), 14-23. doi: 10.1002/jhrm.20092 [research]

Highfield, M.E.F. (2011). Here comes Santa Claus: What's the evidence? *Advanced Emergency Nursing Journal, 33*(4), 354-6. *doi:* 10.1097/TME.0b013e318234ead3

Highfield, M.E.F. (2010). Prepare, flex, serve: Short-term mission reflections. *Journal of Christian Nursing, 26,* 226-31.

(Prior per request)

Books

Highfield, M.E.F. (2020). *A Time to Heal: Missionary Nurses In Churches of Christ, Southeastern Nigeria (1953-1967).* Los Angeles: Sulis Academic.

Farrar, Grace J. (2019). *Stand by and see what the Lord will accomplish: The story of one family serving the Lord in Nigeria,* 2nd ed. Los Angeles: Sulis International. **[edited by M.E.F. Highfield]**

Book chapters (3)

Highfield, M., & Thompson, C.R. (2015). Stress management. In C. Thompson (Ed.). *Prevention practice and health promotion: A healthcare professional's guide to health, fitness and wellness (2nd ed.)* (pp.159-174). Thorofare, NJ: Slack, Inc.

Highfield, M., &Thompson, C. (2007). Resources to optimize health & wellness. In C. Thompson (Ed.). *Prevention Practice: A Resource Guide for Health, Fitness and Wellness (pp. 129-142).* Thorofare, NJ: Slack, Inc.

Highfield, M.E.F. (2001). Spiritual & religious care. In T. Fulmer, M.D. Foreman, & M.P. Walker, (Eds.). *Critical Care Nursing of the Elderly* (2nd ed.). New York, NY: Springer Publishing.

Others per request: Reprinted articles (3); Invited articles (7); Book Reviews & Other (4); Non-peer reviewed articles (12); Lay publications (2); National and local professional newsletters (multiple); Works in progress (4).

PIONEERING WORK

2008-present Building new archive: oral history, photographs, correspondence, & other primary source materials related to missionary nurses to Nigeria

1981-present Development of Spiritual Health Inventory (SHI) & related consultation

1989-93 Founder & Coordinator, national Spiritual Care Special Interest Group, Oncology Nursing Society

1993 Co-authorship of Spiritual Perspectives Scale (SPS) measuring nurses' attitudes toward and involvement in spiritual care in nursing practice

PROFESSIONAL PRESENTATIONS (selected)

Sept 20, 2019 Highfield, M.E.F. *Remember our Sons and Daughters": Igbo Women's Petitionary Letters (1965).* American Association for History of Nursing 36th Annual Conference, Dallas, TX. (peer-reviewed)

May 6, 2015 Highfield, M.E.F. & Ekwenye-Hendricks, C. *Untold Stories from Mile 11 Aba-Ikot Ekpene Road.* 2015 Annual Lectureship. Pepperdine University, CA

April 14, 2015 Highfield, M.E.F. *Untold Stories from Mile 11 Aba-Ikot Ekpene Road* (invited podium) 2015 African Studies Interdisciplinary Minors' 4th Annual Symposium, CSUN. (invited)

September 2012 Highfield, M.E.F *Whatever was needed: The multi-faceted role of missionary nurses in Onicha Ngwa, Nigeria (1965-1967)* Peer-reviewed podium presentation during American Association for History of Nursing (AAHN) 2012 conference, Savannah, GA.

May 2012 *Doing "Whatever was needed:" The roles of missionary nurses in Onicha Ngwa, Nigeria (1965-1967).* Peer-reviewed podium presentation, Religion, Ethics & Nursing Symposium, Trinity Western University, Langley, BC

May 2012 *From mud houses to hospital work: Creation of new Igbo nurses by U.S. missionary nurses (1965-1967).* Peer-reviewed poster, Religion, Ethics & Nursing Symposium, Trinity Western University, Langley, BC.

February 2008 *Nigerian Healthcare with International Health Care Foundation.* Ede Christian University, Ede, The Netherlands. (invited)

GRANT FUNDING (selected)

2014-2015 Co-principal investigator. *OB Emergency Simulation: A Pathway Toward Excellence in OB & Perinatal Safety*. 2013 Sigma Theta Tau International Small Research Grant. ($5,000.00) [research]

2009-2015 Project manager for my position as Nurse Research Facilitator work at Dignity Health Northridge Hospital Medical Center for $75K+.

2009-2011 2009/2010 Sigma Theta Tau Gamma Tau Chapter Research Award Recipient for historical nursing research project: *"Nancy Petty, RN: First US Nurse at the Nigerian Christian Hospital, 1965-1967"* ($3,333.00)

2009-2011 Recipient of award to CSU. Kaiser Grant for Nursing Faculty Enhancement. Work includes grant writing and consultation work with NHMC.

CURRENT MEMBERSHIPS

American Association for the History of Nursing (2007-present); Sigma Theta Tau International Nursing Honor Society (1975-present)

SERVICE (summary)

Board member, International Health Care/African Christian Hospitals Foundation, Searcy, AR; Short term mission trips with Haiti Christian Development Foundation and to Nigeria with Susanna Homes and IHCF/ACH; Volunteer speaking in churches & nonprofits

PER REQUEST: *Full curriculum vitae & references*